

WINTER 2010 CLASSES AT HEALING ARTS INSTITUTE

Class	Dates	Days	Times	Hours	Cost
MESSAGE THERAPY CERTIFICATION TRAINING					
Morning Class - 6 weeks	Jan 19 - Mar 3	Mon - Fri	9 am - 1 pm	126	1,426.00
Evening Class - 12 weeks	Jan 11 - Apr 1	M, W, Th	6:30 - 10 pm	126	1,426.00
Intensive Class - 3 weeks	Mar 8 - 26	Mon - Fri	9 am - 6 pm	126	1,426.00
Weekend Class - 6 weekends	Feb 12 - Apr 25	Fri - Sun	Fri 6 - 10 pm, Sat & Sun 9 am - 6 pm	126	1,426.00

CONTINUING EDUCATION CLASSES

JANUARY

Second Friday Wellness Series	Jan 8	Friday	7 - 10 pm	3	free
Cardiopulmonary Resuscitation (CPR)	Jan 12	Tuesday	6 - 10 pm	4	45.00
Injury Management - Hand Flexors & Extensors	Jan 12	Tuesday	6:30 - 10 pm	3.5	60.00
Hot Stone Massage	Jan 15 - 17	Fri - Sun	9 am - 6 pm	24	450.00
How to work with Fascia Effectively	Jan 19	Tuesday	7 - 10 pm	3	40.00
Craniosacral Therapy, Introduction	Jan 23 & 24	Sat & Sun	9:30 am - 4:30 pm	12	250.00
Sidelying Massage	Jan 24	Sunday	9 am - 6 pm	8	150.00
Detoxing with Scrubs	Jan 30 & 31	Sat & Sun	9 am - 6 pm	16	275.00
Sports Massage	Jan 30 & 31	Sat & Sun	9 am - 5 pm	14	315.00

FEBRUARY

Detoxing with Wraps	Feb 6 & 7	Sat & Sun	9 am - 6 pm	16	275.00
Cardiopulmonary Resuscitation (CPR)	Feb 9	Tuesday	6 - 10 pm	4	45.00
Myofascial Bodywork - Low Back Pain	Feb 9	Tuesday	7 - 10 pm	3	40.00
Second Friday Wellness Series	Feb 12	Friday	7 - 10 pm	3	free
Assessing & Treating the Shoulder Girdle	Feb 13 & 14	Sat & Sun	9 am - 6 pm	16	300.00
Essential Oils - Uses & Applications	Feb 16	Tuesday	6:30 - 10:30 pm	4	100.00
Geriatric Massage	Feb 19 - 21	Fri - Sun	Fri 6:30 - 9:30 pm, Sat & Sun 9 am - 5 pm	17	305.00
Acupressure Certification Training	Feb 19-21, Mar 19-21, Apr 16-18, & May 14-17	Fri - Sun	Fri 9 am - 9 pm, Sat & Sun 9 am - 6 pm	120	1,635.00
Ayurveda, Introduction	Feb 22 & Mar 1	Mondays	9 am - 5 pm	14	250.00
Raindrop Therapy	Feb 23	Tuesday	6:30 - 10:30 pm	4	95.00
Orthopedic Massage Intensive	Feb 24 - 28	Wed - Sun	Wed 1 - 10 pm, Thu - Sun 9 am - 6 pm	40	759.00
Reflexology	Feb 27 & 28, Mar 6 & 7	Sat & Sun	9 am - 5:30 pm	28	425.00
Reiki - Level One	Feb 28	Sunday	9 am - 5 pm	7	100.00

MARCH

Color Therapy	Mar 2	Tuesday	6:30 - 10 pm	3.5	55.00
Myofascial Bodywork - Frozen Shoulder	Mar 2	Tuesday	7 - 10 pm	3	40.00
Event Massage	Mar 5	Friday	6:30 - 10 pm	3.5	45.00
Deep Tissue Massage	Mar 5 - 7	Fri - Sun	9 am - 6 pm	24	440.00
Sacred Belly	Mar 5 - 7	Fri - Sun	9 am - 6 pm	24	535.00
Emotional Freedom Technique I	Mar 8	Monday	10 am - 5 pm	6	60.00
Cardiopulmonary Resuscitation (CPR)	Mar 9	Tuesday	6 - 10 pm	4	45.00
Second Friday Wellness Series	Mar 12	Friday	7 - 10 pm	3	free
Thai Massage for the Table	Mar 13 & 14	Sat & Sun	9 am - 6 pm	16	300.00
Emotional Freedom Technique II	Mar 15	Monday	9 am - 6 pm	8	80.00
Infant Massage Educator Training	Mar 15 - 18	Mon - Thu	9:30 am - 5:30 pm	28	650.00
Breathwork, Introduction	Mar 16	Tuesday	6:30 - 10 pm	3.5	50.00
Chakra System - Root Chakra (#1)	Mar 16	Tuesday	6:30 - 9:30 pm	3	40.00
Hot Stone Massage	Mar 20 - 22	Sat - Mon	9 am - 6 pm	24	450.00
Essential Oils for Emotional Release & Healing	Mar 23	Tuesday	6:30 - 10:30 pm	4	110.00
Injury Management - Cervical Muscles	Mar 23	Tuesday	6:30 - 10 pm	3.5	60.00
Yoga for Better Body Mechanics	Mar 26	Friday	6:30 - 10 pm	3.5	50.00
NMT & Trigger Point	Mar 27 & 28	Sat & Sun	9 am - 6 pm	16	300.00
Music, Sound, & Vibration in Healing	Mar 29 & Apr 5	Mondays	9 am - 5 pm	14	250.00
Myofascial Bodywork - Plantar Fasciitis	Mar 30	Tuesday	7 - 10 pm	3	40.00

SPRING 2010 CLASSES AT HEALING ARTS INSTITUTE

Class	Dates	Days	Times	Hours	Cost
MASSAGE THERAPY CERTIFICATION TRAINING					
Morning Class - 6 weeks	Apr 12 - May 27	Mon - Fri	9 am - 1 pm	126	1,426.00
Evening Class - 12 weeks	Apr 5 - Jun 24	M, W, Th	6:30 - 10 pm	126	1,426.00
Intensive Class - 3 weeks	Jun 7 - 25	Mon - Fri	9 am - 6 pm	126	1,426.00
CONTINUING EDUCATION CLASSES					
APRIL					
Second Friday Wellness Series	Apr 9	Friday	7 - 10 pm	3	free
Soft Tissue Release	Apr 9 - 11	Fri - Sun	Fri 6:30-9:30pm, Sat&Sun 8:30am-6:00pm	20	395.00
Seated Massage	Apr 10 & 11	Sat & Sun	10 am - 5 pm	12	250.00
Cardiopulmonary Resuscitation (CPR)	Apr 13	Tuesday	6 - 10 pm	4	45.00
Injury Management - Gluteal Muscles	Apr 13	Tuesday	6:30 - 10 pm	3.5	60.00
Fascia Connection	Apr 16 - 18	Fri - Sun	Fri 6 - 10 pm, Sat & Sun 9 am - 6 pm	20	370.00
Chakra System - Sacral Chakra (#2)	Apr 20	Tuesday	6:30 - 9:30 pm	3	40.00
Myofascial Bodywork - Releasing the Sacrum	Apr 20	Tuesday	7 - 10 pm	3	40.00
Hawaiian Lomi Lomi	Apr 23-25, May 21-23, Jun 25-27, Jul 23-25	Fri - Sun	9 am - 6:30 pm	120	1,620.00
Lymphatic Drainage Massage #1	Apr 24 - 27	Sat - Tue	9 am - 6:30 pm	34	495.00
Flower Essences, Introduction	Apr 27	Tuesday	7 - 10 pm	3	50.00
NMT & Trigger Point - Rotator Cuff	Apr 27	Tuesday	6:30 - 10 pm	3.5	50.00
Event Massage	Apr 30	Friday	6:30 - 10 pm	3.5	45.00
Therapeutic Touch	Apr 30 - May 2	Fri - Sun	Fri 6:30-9:30 pm, Sat & Sun 9am - 4:30pm	16	250.00
MAY					
Anatomy for Bodyworkers	May 1, 2, 15, 16, Jun 5 & 6	Sat & Sun	9 am - 6 pm	50	750.00
Interviewing & Note Taking Skills	May 4	Tuesday	6:30 - 10 pm	3.5	50.00
Raindrop Therapy	May 4	Tuesday	6:30 - 10:30 pm	4	95.00
Clearing, Protection, Energy & Grounding	May 8	Saturday	9 am - 6 pm	8	125.00
Cardiopulmonary Resuscitation (CPR)	May 11	Tuesday	6 - 10 pm	4	45.00
Injury Management - Quadratus Lumborum	May 11	Tuesday	6:30 - 10 pm	3.5	60.00
Second Friday Wellness Series	May 14	Friday	7 - 10 pm	3	free
Myofascial Bodywork - Relaxing the Neck	May 18	Tuesday	7 - 10 pm	3	40.00
Ethics & Etiquette	May 18 & 25	Tuesdays	6:30 - 9:30 pm	6	120.00
Deep Tissue Massage	May 21 - 23	Fri - Sun	9 am - 6 pm	24	440.00
Pathology	May 21 - 23, Jun 11 - 13	Fri - Sun	Fri 6 - 10 pm, Sat & Sun 9 am - 6 pm	40	585.00
Essential Oils & the Sacred	May 25	Tuesday	6:30 - 10:30 pm	4	120.00
JUNE					
Chakra System - Solar Plexus (#3)	Jun 1	Tuesday	6:30 - 9:30 pm	3	40.00
Myofascial Bodywork - A Focus on Legs	Jun 1	Tuesday	7 - 10 pm	3	40.00
Myofascial Bodywork, Fundamentals	Jun 5, 6, 26, & 27	Sat & Sun	9 am - 5 pm	28	440.00
Cardiopulmonary Resuscitation (CPR)	Jun 8	Tuesday	6 - 10 pm	4	45.00
Myofascial Bodywork - Working with Ribs	Jun 8	Tuesday	7 - 10 pm	3	40.00
Second Friday Wellness Series	Jun 11	Friday	7 - 10 pm	3	free
Sports Massage	Jun 12 & 13	Sat & Sun	9 am - 5 pm	14	315.00
Pregnancy Massage	Jun 14 - 18	Mon - Fri	9 am - 5 pm	35	725.00
Injury Management - Trapezius	Jun 15	Tuesday	6:30 - 10 pm	3.5	60.00
Hot Stone Massage	Jun 19 - 21	Sat - Mon	9 am - 6 pm	24	450.00
Body Reading	Jun 19 & 20	Sat & Sun	9 am - 6 pm	16	300.00
Color Therapy	Jun 22	Tuesday	6:30 - 10 pm	3.5	55.00
Lymphatic Drainage Massage #2	Jun 26 - 29	Sat - Tue	9 am - 6:30 pm	34	495.00
Chakra Applications	Jun 28 & 29	Mon & Tue	10 am - 5 pm	12	250.00
Chakra System - Heart (#4)	Jun 29	Tuesday	6:30 - 9:30 pm	3	40.00
Myofascial Bodywork - Working with Arms	Jun 29	Tuesday	7 - 10 pm	3	40.00

SUMMER 2010 CLASSES AT HEALING ARTS INSTITUTE

Class	Dates	Days	Times	Hours	Cost
MASSAGE THERAPY CERTIFICATION TRAINING					
Evening Class - 12 weeks	Jun 28 - Sep 16	M, W, Th	6:30 - 10 pm	126	1,426.00
Intensive Class - 3 weeks	Jul 12 - 30	Mon - Fri	9 am - 6 pm	126	1,426.00
Intensive Class - 3 weeks	Aug 9 - 27	Mon - Fri	9 am - 6 pm	126	1,426.00
CONTINUING EDUCATION CLASSES					
JULY					
Essential Oils - Uses & Applications	Jul 6	Tuesday	6:30 - 10:30 pm	4	100.00
Second Friday Wellness Series	Jul 9	Friday	7 - 10 pm	3	free
Oncology Massage	Jul 9 - 11	Fri - Sun	9 am - 6 pm	24	485.00
Reiki - Level One	Jul 11	Sunday	9 am - 5 pm	7	100.00
Finesse	Jul 13	Tuesday	6:30 - 9:30 pm	3	55.00
Injury Management - Quadriceps/Knee	Jul 13	Tuesday	6:30 - 10 pm	3.5	60.00
Clearing, Protection, Energy & Grounding	Jul 17	Saturday	9 am - 6 pm	8	125.00
Fibromyalgia & Similar Chronic Pain Conditions	Jul 17	Saturday	9 am - 6 pm	8	125.00
Relieving Trauma in the Body	Jul 18	Sunday	10 am - 5 pm	6	100.00
Sidelying Massage	Jul 18	Sunday	9 am - 6 pm	8	150.00
Cardiopulmonary Resuscitation (CPR)	Jul 20	Tuesday	6 - 10 pm	4	45.00
How to Work with Fascia Effectively	Jul 20	Tuesday	7 - 10 pm	3	40.00
Russian Massage	Jul 24 & 25	Sat & Sun	9 am - 6 pm	16	260.00
Chakra System - Throat (#5)	Jul 27	Tuesday	6:30 - 9:30 pm	3	40.00
Polarity Therapy	Jul 30 - Aug 1, Aug 6 - 8	Fri - Sun	Fri 6 - 10 pm, Sat & Sun 9 am - 6 pm	40	550.00
Touch for Health Level I & II - Intensive	Jul 31 - Aug 2	Sat - Mon	8 am - 7 pm	30	535.00
Touch for Health Level I	Jul 31 & Aug 1	Sat & Sun	Sat 8 am - 7 pm, Sun 8 am - 1 pm	15	310.00
AUGUST					
Touch for Health Level II	Aug 1 & 2	Sun & Mon	Sun 2 pm - 7 pm, Mon 8 am - 7 pm	15	275.00
Raindrop Therapy	Aug 3	Tuesday	6:30 - 10:30 pm	4	95.00
Touch Therapy for the Terminally Ill	Aug 6 - 8	Fri - Sun	9 am - 6 pm	24	495.00
Cardiopulmonary Resuscitation (CPR)	Aug 10	Tuesday	6 - 10 pm	4	45.00
Injury Management - Rotator Cuff/Shoulder	Aug 10	Tuesday	6:30 - 10 pm	3.5	60.00
Second Friday Wellness Series	Aug 13	Friday	7 - 10 pm	3	free
Essential Oils in a Clinical Setting	Aug 13 - 15	Fri - Sun	9 am - 9 pm	30	475.00
Warm Pool Water Massage	Aug 14 & 15	Sat & Sun	9:30 am - 6 pm	15	350.00
Myofascial Bodywork - Low Back Pain	Aug 17	Tuesday	7 - 10 pm	3	40.00
Assessing & Treating the Feet & Legs	Aug 21 & 22	Sat & Sun	9 am - 6 pm	16	300.00
Chakra Awareness	Aug 21 & 22	Sat & Sun	9 am - 6 pm	16	250.00
Rapid Pain Elimination	Aug 23, 30, Sep 13, & 27	Mondays	9 am - 6 pm	32	625.00
Interviewing & Note Taking Skills	Aug 24	Tuesday	6:30 - 10 pm	3.5	50.00
European Massage	Aug 27 - 29	Fri - Sun	Fri 7 - 10 pm, Sat & Sun 9 am - 5 pm	17	345.00
Lymphatic Drainage Massage #3	Aug 28 - 31	Sat - Tue	9 am - 6:30 pm	34	495.00
Chakra System - Third Eye (#6)	Aug 31	Tuesday	6:30 - 9:30 pm	3	40.00
Myofascial Bodywork - Frozen Shoulder	Aug 31	Tuesday	7 - 10 pm	3	40.00
SEPTEMBER					
Injury Management - Hamstrings	Sep 7	Tuesday	6:30 - 10 pm	3.5	60.00
Sports Massage	Sep 7 & 8	Tue & Wed	9 am - 5 pm	14	315.00
Second Friday Wellness Series	Sep 10	Friday	7 - 10 pm	3	free
Seated Massage	Sep 11 & 12	Sat & Sun	10 am - 5 pm	12	250.00
Cardiopulmonary Resuscitation (CPR)	Sep 14	Tuesday	6 - 10 pm	4	45.00
Finesse	Sep 14	Tuesday	6:30 - 9:30 pm	3	55.00
Deep Tissue Massage	Sep 17 - 19	Fri - Sun	9 am - 6 pm	24	440.00
Hot Stone Massage	Sep 18 - 20	Sat - Mon	9 am - 6 pm	24	450.00
Essential Oils - Emotional Release & Healing	Sep 21	Tuesday	6:30 - 10:30 pm	4	110.00
Myofascial Bodywork - Plantar Fasciitis	Sep 21	Tuesday	7 - 10 pm	3	40.00
Thai Massage for the Table	Sep 25 & 26	Sat & Sun	9 am - 6 pm	16	300.00

FALL 2010 CLASSES AT HEALING ARTS INSTITUTE

Class	Dates	Days	Times	Hours	Cost
MASSAGE THERAPY CERTIFICATION TRAINING					
Morning Class - 6 weeks	Sep 13 - Oct. 22	Mon - Fri	9 am - 1 pm	126	1,426.00
Evening Class - 12 weeks	Sep 20 - Dec 9	M, W, Th	6:30 - 10 pm	126	1,426.00
Intensive Class - 3 weeks	Nov 1 - 19	Mon - Fri	9 am - 6 pm	126	1,426.00
Weekend Class - 6 weekends	Sep 10 - Nov 21	Fri - Sun	Fri 6 - 10 pm, Sat & Sun 9 am - 6 pm	126	1,426.00

CONTINUING EDUCATION CLASSES

OCTOBER

Bodywork in a Hospital Setting	Oct 1 - 3	Fri - Sun	9 am - 6 pm	24	535.00
Shiatsu - Table Method	Oct 1 - 3	Fri - Sun	Fri 6:30 - 10 pm, Sat & Sun 9 am - 6 pm	20	320.00
Anatomy for Bodyworkers	Oct 2, 3, 16, 17, 30 & 31	Sat & Sun	9 am - 6 pm	50	750.00
Emotional Freedom Technique I	Oct 4	Monday	10 am - 5 pm	6	60.00
Ayurveda, Introduction	Oct 4 & 11	Mondays	9 am - 5 pm	14	250.00
Breathwork, Introduction	Oct 5	Tuesday	6:30 - 10 pm	3.5	50.00
Chakra System - Crown (#7)	Oct 5	Tuesday	6:30 - 9:30 pm	3	40.00
Second Friday Wellness Series	Oct 8	Friday	7 - 10 pm	3	free
Reflexology	Oct 9, 10, 16, & 17	Sat & Sun	9 am - 5:30 pm	28	425.00
Emotional Freedom Technique II	Oct 11	Monday	9 am - 6 pm	8	80.00
Cardiopulmonary Resuscitation (CPR)	Oct 12	Tuesday	6 - 10 pm	4	45.00
Injury Management - Lower Leg	Oct 12	Tuesday	6:30 - 10 pm	3.5	60.00
Event Massage	Oct 15	Friday	6:30 - 10 pm	3.5	45.00
Assessing & Treating the Spine	Oct 16 & 17	Sat & Sun	9 am - 6 pm	16	300.00
Music, Sound, & Vibration in Healing	Oct 18 & 25	Mondays	9 am - 5 pm	14	250.00
Flower Essences, Introduction	Oct 19	Tuesday	7 - 10 pm	3	50.00
Myofascial Bodywork - Releasing the Sacrum	Oct 19	Tuesday	7 - 10 pm	3	40.00
Soft Tissue Release	Oct 22 - 24	Fri - Sun	Fri 6:30-9:30pm, Sat & Sun 8:30am - 6:00pm	20	395.00
Sacred Belly	Oct 23 - 25	Sat - Mon	9 am - 6 pm	24	535.00
Color Therapy	Oct 26	Tuesday	6:30 - 10 pm	3.5	55.00
Chakra Applications	Oct 26 & 27	Mon & Tue	10 am - 5 pm	12	250.00
Sidelying Massage	Oct 28	Thursday	9 am - 6 pm	8	150.00
Lymphatic Drainage Massage #4	Oct 30 - Nov 2	Sat - Tue	9 am - 6:30 pm	33	495.00

NOVEMBER

Myofascial Bodywork - Relaxing the Neck	Nov 2	Tuesday	7 - 10 pm	3	40.00
Raindrop Therapy	Nov 2	Tuesday	6:30 - 10:30 pm	4	95.00
Yoga for Better Body Mechanics	Nov 5	Friday	6:30 - 10 pm	3.5	50.00
NMT & Trigger Point	Nov 6 & 7	Sat & Sun	9 am - 6 pm	16	300.00
Reiki - Level Two	Nov 7	Sunday	9 am - 5 pm	7	100.00
Cardiopulmonary Resuscitation (CPR)	Nov 9	Tuesday	6 - 10 pm	4	45.00
Injury Management - Gluteal Muscles	Nov 9	Tuesday	6:30 - 10 pm	3.5	60.00
Second Friday Wellness Series	Nov 12	Friday	7 - 10 pm	3	free
Detoxing with Scrubs	Nov 13 & 14	Sat & Sun	9 am - 6 pm	16	275.00
Sports Massage	Nov 13 & 14	Sat & Sun	9 am - 5 pm	14	315.00
Essential Oils & the Sacred	Nov 16	Tuesday	6:30 - 10:30 pm	4	120.00
NMT & Trigger Point - IT Band	Nov 16	Tuesday	6:30 - 10 pm	3.5	50.00
Clearing, Protection, Energy & Grounding	Nov 20	Saturday	9 am - 6 pm	8	125.00
Detoxing with Wraps	Nov 20 & 21	Sat & Sun	9 am - 6 pm	16	275.00
Myofascial Bodywork - Working with Ribs	Nov 23	Tuesday	7 - 10 pm	3	40.00
Deep Tissue Massage	Nov 29 - Dec 2	Mon - Thu	10 am - 5 pm	24	440.00
Interviewing & Note Taking Skills	Nov 30	Tuesday	6:30 - 10 pm	3.5	50.00
Myofascial Bodywork - A Focus on Legs	Nov 30	Tuesday	7 - 10 pm	3	40.00

DECEMBER

Fibromyalgia & Similar Chronic Pain Conditions	Dec 4	Saturday	9 am - 6 pm	8	125.00
Myofascial Bodywork, Fundamentals	Dec 4, 5, 11, & 12	Sat & Sun	9 am - 5 pm	28	440.00
Anatomy for Bodyworkers	Dec 5 - 10	Sun - Fri	9 am - 6 pm	50	750.00
Finesse	Dec 7	Tuesday	6:30 - 9:30 pm	3	55.00
Injury Management - Hand Flexors & Extensors	Dec 7	Tuesday	6:30 - 10 pm	3.5	60.00
Second Friday Wellness Series	Dec 10	Friday	7 - 10 pm	3	free
Cardiopulmonary Resuscitation (CPR)	Dec 14	Tuesday	6 - 10 pm	4	45.00
Myofascial Bodywork - Working with Arms	Dec 14	Tuesday	7 - 10 pm	3	40.00