

WINTER 2009 CLASSES AT HEALING ARTS INSTITUTE

Class	Dates	Days	Times	Hours	Cost
MASSAGE THERAPY CERTIFICATION TRAINING					
Evening Class – 12 weeks	Jan 12 - Apr 2	M, W, Th	6:30 pm - 10 pm	126	1,450.00
Morning Class - 6 weeks	Jan 19 - Feb 27	Mon - Fri	9 am - 1 pm	126	1,450.00
Intensive Class - 3 weeks	Mar 9 - 27	Mon - Fri	9 am - 6 pm	126	1,450.00
CONTINUING EDUCATION CLASSES					
JANUARY					
Second Friday Wellness Series	Jan 9	Friday	7 pm - 10 pm	3	free
Pediatric Massage	Jan 10 & 11	Sat & Sun	9 am - 5 pm	14	313.00
Cardiopulmonary Resuscitation (CPR)	Jan 13	Tuesday	6 pm - 10 pm	4	45.00
Myofascial Series-Introduction	Jan 13	Tuesday	7 pm - 10 pm	3	40.00
Acupressure Certification Training	Jan 16 - 18, Feb 20-22, Mar 20-22, Apr 17-20	Fri - Sun	Fri 9 am - 9 pm, Sat & Sun 9 am - 6 pm	120	1735.00
Self Care for the Health Care Practitioner	Jan 16 & 23	Friday	6:30 pm - 10 pm	7	100.00
Massage in Schools Program	Jan 17 & 18	Sat & Sun	9 am - 5 pm	14	299.00
Introduction to Craniosacral Therapy	Jan 17 & 18	Sat & Sun	9:30 am - 4:30 pm	12	250.00
Gemstone Healing	Jan 20, 23, 27, 30	Tue & Fri	6:30 pm - 10 pm	14	200.00
Deep Tissue Massage	Jan 23 - 25	Fri - Sun	9 am - 6 pm	24	440.00
The Heart & Art of Animal Healing Sessions	Jan 24 & 25	Sat & Sun	9 am - 5 pm	14	240.00
Seated Massage	Jan 24 & 25	Sat & Sun	10 am - 5 pm	12	250.00
Jin Shin Jyutsu Self Help I	Jan 26 & 27	Mon & Tue	10 am - 5 pm	12	225.00
Aromatherapy I	Jan 27	Tuesday	6:30 pm - 10 pm	3.5	100.00
Reflexology - Foot, Hand, & Ear	Jan 31 & Feb 1, 14 & 15	Sat & Sun	9 am - 5:30 pm	28	425.00
FEBRUARY					
Myofascial Series-Low Back Pain	Feb 3	Tuesday	7 pm - 10 pm	3	40.00
Pathology for Bodyworkers	Feb 6 - 8, Feb 20 - 22	Fri - Sun	Fri 6 pm - 10 pm, Sat & Sun 9 am - 6 pm	40	585.00
Sidelying Massage	Feb 7	Saturday	9 am - 6 pm	8	150.00
Introduction to Hanna Somatics	Feb 9 & 10	Mon & Tue	10 am - 5 pm	12	240.00
Cardiopulmonary Resuscitation (CPR)	Feb 10	Tuesday	6 pm - 10 pm	4	45.00
Injury Management-Cervical Muscles	Feb 10	Tuesday	6:30 pm - 10 pm	3.5	60.00
Second Friday Wellness Series	Feb 13	Friday	7 pm - 10 pm	3	free
Acupressure for Animals I	Feb 14 & 15	Sat & Sun	10 am - 5 pm	12	240.00
Raindrop Therapy	Feb 17	Tuesday	6 pm - 10 pm	4	95.00
Myofascial Series-Frozen Shoulder	Feb 24	Tuesday	7 pm - 10 pm	3	40.00
Introduction to Lymphatic Drainage Massage	Feb 26 & 27	Thu & Fri	9 am - 5 pm	14	275.00
Geriatric Massage	Feb 27 - Mar 1	Fri - Sun	Fri 6:30 - 9:30 pm, Sat & Sun 9 am - 5 pm	17	280.00
Orthopedic Massage	Feb 27 - Mar 1	Fri - Sun	Fri 6 pm - 10 pm, Sat & Sun 9 am - 6 pm	20	375.00
Medical Terminology/Charting	Feb 28	Saturday	9 am - 5 pm	7	115.00
Sacred Belly	Feb 28 - Mar 2	Sat - Mon	9 am - 6 pm	24	535.00
MARCH					
Touch for Health Level I	Mar 2 & 3	Mon & Tue	Mon 8 am – 7 pm, Tue 8 am – 1 pm	15	310.00
Touch for Health Level II	Mar 3 & 4	Tue & Wed	Tue 2 pm – 7 pm, Wed 8 am – 7 pm	15	275.00
Touch for Health Level I & II - Intensive	Mar 2 - 4	Mon - Wed	8 am – 7 pm	30	535.00
Sound Massage	Mar 3	Tuesday	6:30 pm - 10 pm	3.5	75.00
Pharmacology I	Mar 6	Friday	6 pm - 9:30 pm	3.5	50.00
Event Massage	Mar 6	Friday	6:30 pm - 10 pm	3.5	45.00
Hawaiian Lomi Lomi Certification Program	Mar 6 - 8, Apr 3 - 5, May 1 - 3, Jun 5 - 7	Fri - Sun	9 am - 6:30 pm	120	1,620.00
Sports Massage	Mar 7 & 8	Sat & Sun	9 am - 5 pm	14	315.00
Tui Na for Animals	Mar 7 & 8	Sat & Sun	10 am - 5 pm	12	225.00
Cardiopulmonary Resuscitation (CPR)	Mar 10	Tuesday	6 pm - 10 pm	4	45.00
Injury Management-Gluteal Muscles	Mar 10	Tuesday	6:30 pm - 10 pm	3.5	60.00
Second Friday Wellness Series	Mar 13	Friday	7 pm - 10 pm	3	free
European Massage	Mar 13 - 15	Fri - Sun	Fri 7 pm - 10 pm, Sat & Sun 9 am – 5 pm	17	345.00
Thai Massage for the Table	Mar 14 & 15	Sat & Sun	9 am - 6 pm	16	300.00
Reiki - Level One	Mar 15	Sunday	9 am - 5 pm	7	100.00
Fibromyalgia	Mar 16	Monday	9 am - 6 pm	8	125.00
Finesse	Mar 17	Tuesday	6:30 pm - 9:30 pm	3	55.00
Myofascial Series-Plantar Fasciitis	Mar 17	Tuesday	7 pm - 10 pm	3	40.00
Hot Stone Massage	Mar 21 - 23	Sat - Mon	9 am - 6 pm	24	450.00
Aromatherapy II	Mar 24	Tuesday	6:30 pm - 10 pm	3.5	110.00
Ethics and Etiquette	Mar 24 & 31	Tuesday	6:30 pm - 9:30 pm	6	120.00
Kinesiotape 1 & 2	Mar 28 & 29	Sat & Sun	9 am – 6 pm	16	550.00
Reiki for Animals	Mar 28 & 29	Sat & Sun	10 am - 5 pm	12	225.00
Oncology Massage	Mar 27 - 29	Fri - Sun	9 am - 6 pm	24	485.00
Spa Services	Mar 28 - 31	Sat - Tue	9 am - 5 pm	28	500.00
Deep Tissue Massage	Mar 30 - Apr 2	Mon - Thu	10 am - 5 pm	24	440.00

SPRING 2009 CLASSES AT HEALING ARTS INSTITUTE

Class	Dates	Days	Times	Hours:	Cost
MASSAGE THERAPY CERTIFICATION TRAINING					
Evening Class – 12 weeks	Apr 6 – Jun 25	M, W, Th	6:30 pm - 10 pm	126	1,450.00
Morning Class - 6 weeks	Apr 20 - Jun 3	Mon – Fri	9 am - 1 pm	126	1,450.00
Intensive Class - 3 weeks	Jun 8 - 26	Mon – Fri	9 am - 6 pm	126	1,450.00
CONTINUING EDUCATION CLASSES					
APRIL					
Yoga for Better Body Mechanics	Apr 3	Friday	6:30 pm - 10 pm	3.5	50.00
Myofascial Bodywork	Apr 4 & 5, 18 & 19	Sat & Sun	9 am - 5 pm	28	440.00
Myofascial Series-Releasing Sacrum	Apr 7	Tuesday	7 pm - 10 pm	3	40.00
Music, Sound, & Vibration in Healing	Apr 7, 14, 21, 28	Tuesday	6:30 pm - 10 pm	14	200.00
Second Friday Wellness Series	Apr 10	Friday	7 pm - 10 pm	3	free
Hospital Based Lymphedema Treatment	Apr 13 - 17	Mon - Fri	9 am - 6 pm	40	735.00
Cardiopulmonary Resuscitation (CPR)	Apr 14	Tuesday	6 pm - 10 pm	4	45.00
Craniosacral Therapy for Animals	Apr 18 & 19	Sat & Sun	10 am - 6 pm	14	255.00
Introduction to Color Therapy	Apr 21	Tuesday	6:30 pm - 10 pm	3.5	55.00
Animal Communication	Apr 24	Friday	6 pm - 10 pm	4	60.00
Introduction to Ayurveda	Apr 25 & 26	Sat & Sun	9 am - 5 pm	14	200.00
Introduction to Lymphatic Drainage Massage	Apr 25 & 26	Sat & Sun	9 am - 5 pm	14	275.00
Myofascial Series-Relaxing the Neck	Apr 28	Tuesday	7 pm - 10 pm	3	40.00
MAY					
Anatomy for Bodyworkers	May 2 - 3, 16 - 17, 30 - 31	Sat & Sun	9 am - 6 pm	50	750.00
Cardiopulmonary Resuscitation (CPR)	May 5	Tuesday	6 pm - 10 pm	4	45.00
Second Friday Wellness Series	May 8	Friday	7 pm - 10 pm	3	free
Introduction to Breathwork	May 12	Tuesday	6:30 pm - 10 pm	3.5	50.00
Injury Management-Hand Flexors & Extensors	May 12	Tuesday	6:30 pm - 10 pm	3.5	60.00
Pharmacology – Common Drugs	May 15	Friday	6 pm - 9:30 pm	3.5	50.00
Therapeutic Touch	May 15 - 17	Fri - Sun	Fri 6:30-9:30 pm, Sat & Sun 9 am-4:30 pm	16	220.00
Acupressure for Animals II	May 16 & 17	Sat & Sun	10 am - 5 pm	12	240.00
Raindrop Therapy	May 19	Tuesday	6 pm - 10 pm	4	95.00
Equine Massage Therapy	May 18 - 22	Mon - Fri	8:30 am - 5:30 pm	40	970.00
Neuromuscular & Trigger Point Therapy	May 19, 26, Jun 2	Tuesday	6:30 pm - 10 pm	11	150.00
Aromatherapy III	May 26	Tuesday	6:30 pm - 10 pm	3.5	120.00
Thai Massage for the Belly	May 30 & 31	Sat & Sun	9 am - 6 pm	16	300.00
JUNE					
Cardiopulmonary Resuscitation (CPR)	Jun 2	Tuesday	6 pm - 10 pm	4	45.00
Event Massage	Jun 5	Tuesday	6:30 pm - 10 pm	3.5	45.00
Deep Tissue Massage	Jun 5 - 7	Fri - Sun	9 am - 6 pm	24	440.00
Jin Shin Jyutsu for Animals	Jun 6 & 7	Sat & Sun	10 am - 6 pm	14	240.00
Myofascial Series-Working with Ribs	Jun 9	Tuesday	7 pm - 10 pm	3	40.00
Sound Massage	Jun 12	Friday	1:30 pm - 5 pm	3.5	75.00
Second Friday Wellness Series	Jun 12	Friday	7 pm - 10 pm	3	free
Touch Therapy for the Terminally III	Jun 12 - 14	Fri - Sun	Fri - Sun 9 am - 6 pm	24	495.00
Russian Massage	Jun 13 & 14	Sat & Sun	9 am - 6 pm	16	260.00
Medical Terminology/Charting	Jun 15	Monday	9 am - 5 pm	7	115.00
Finesse	Jun 16	Tuesday	6:30 pm - 9:30 pm	3	55.00
Injury Management-Quadratus Lumborum	Jun 16	Tuesday	6:30 pm - 10 pm	3.5	60.00
Soft Tissue Release	Jun 19 - 21	Fri - Sun	Fri 6:30-9:30 pm, Sat & Sun 8:30 am-6 pm	20	395.00
Jin Shin Jyutsu Self Help II	Jun 20 & 21	Sat & Sun	10 am - 5 pm	12	225.00
Hot Stone Massage	Jun 20 - 22	Sat - Mon	9 am - 6 pm	24	450.00
Emotional Freedom Technique	Jun 23 & 26	Tue & Fri	7 pm - 10 pm	6	60.00
The Heart & Art of Animal Healing Sessions	Jun 27 & 28	Sat & Sun	9 am - 5 pm	14	240.00
Sports Massage	Jun 27 & 28	Sat & Sun	9 am - 5 pm	14	315.00
Lymphatic Drainage Massage	Jun 27-30, Jul 25-28, Aug 22-25, Sep 26-29	Sat - Tue	9 am - 6:30 pm	135	2,440.00
Myofascial Series-Working with Arms	Jun 30	Tuesday	7 pm - 10 pm	3	40.00

SUMMER 2009 CLASSES AT HEALING ARTS INSTITUTE

Class	Dates	Days	Times	Hours	Cost
MASSAGE THERAPY CERTIFICATION TRAINING					
Evening Class – 12 weeks	Jun 29 - Sep 17	M, W, Th	6:30 pm - 10 pm	126	1,450.00
Intensive Class - 3 weeks	Jul 13 – 31	Mon - Fri	9 am - 6 pm	126	1,450.00
Intensive Class - 3 weeks	Aug 10 – 28	Mon - Fri	9 am - 6 pm	126	1,450.00

CONTINUING EDUCATION CLASSES

JULY

Pregnancy Massage	Jul 6 – 9	Mon - Thu	9 am - 5 pm	28	650.00
Aromatherapy I	Jul 7	Tuesday	6:30 pm - 10 pm	3.5	100.00
Second Friday Wellness Series	Jul 10	Friday	7 pm - 10 pm	3	free
Self Care for the Health Care Practitioner	Jul 10 & 17	Friday	6:30 pm - 10 pm	7	100.00
Fibromyalgia	Jul 11	Saturday	9 am - 6 pm	8	125.00
Functional Bodywork - Low Back	Jul 11 & 12	Sat & Sun	9 am - 5 pm	14	275.00
Myofascial Bodywork, Advanced	Jul 12	Sunday	9 am - 5 pm	7	125.00
Equine Massage Therapy	Jul 13 – 17	Mon - Fri	8:30 am - 5:30 pm	40	970.00
Myofascial Series-Introduction	Jul 14	Tuesday	7 pm - 10 pm	3	40.00
Cardiopulmonary Resuscitation (CPR)	Jul 14	Tuesday	6 pm - 10 pm	4	45.00
Polarity Therapy	Jul 17 - 19, 24 – 26	Fri - Sun	Fri 6 pm - 10 pm, Sat & Sun 9 am - 6 pm	40	550.00
Introduction to Craniosacral Therapy	Jul 18 & 19	Sat & Sun	9:30 am - 4:30 pm	12	250.00
Chakra Applications	Jul 20 & 21	Mon & Tue	10 am - 5 pm	12	250.00
Injury Management-Trapezius	Jul 21	Tuesday	6:30 pm - 10 pm	3.5	60.00
Gemstone Healing	Jul 21, 24, 28, 31	Tue & Fri	6:30 pm - 10 pm	14	200.00
Introduction to Flower Essences	Jul 28	Tuesday	7 pm - 10 pm	3	50.00
The Fascia Connection	Jul 31 - Aug 2	Fri - Sun	Fri 6 pm - 10 pm, Sat & Sun 9 am - 6 pm	20	370.00

AUGUST

Shiatsu – Table Method	Aug 1 – 3	Sat - Mon	Sat 9 am – 6:30 pm, Sun 9 am – 6 pm & Mon 6:30 – 10 pm	20	320.00
Infant Massage Educator Training	Aug 3 – 6	Mon - Thu	9:30 am - 5:30 pm	28	650.00
Myofascial Series-Low Back Pain	Aug 4	Tuesday	7 pm - 10 pm	3	40.00
Pharmacology – for Cancer & Hospital Patients	Aug 7	Friday	6 pm - 9:30 pm	3.5	50.00
Bodywork in a Hospital Setting	Aug 7 – 9	Fri - Sun	9 am - 6 pm	24	535.00
Thai Massage for the Table	Aug 8 & 9	Sat & Sun	9 am - 6 pm	16	300.00
Cardiopulmonary Resuscitation (CPR)	Aug 11	Tuesday	6 pm - 10 pm	4	45.00
Injury Management-Quadriceps/Knee	Aug 11	Tuesday	6:30 pm - 10 pm	3.5	60.00
Second Friday Wellness Series	Aug 14	Friday	7 pm - 10 pm	3	free
Sidelying Massage	Aug 15	Saturday	9 am - 6 pm	8	150.00
Reiki - Level One	Aug 16	Sunday	9 am - 5 pm	7	100.00
Finesse	Aug 18	Tuesday	6:30 pm - 9:30 pm	3	55.00
Raindrop Therapy	Aug 18	Tuesday	6 pm - 10 pm	4	95.00
Functional Bodywork - Upper Back	Aug 22 & 23	Sat & Sun	9 am - 5 pm	14	275.00
Aromatherapy II	Aug 25	Tuesday	6:30 pm - 10 pm	3.5	110.00
Myofascial Series-Frozen Shoulder	Aug 25	Tuesday	7 pm - 10 pm	3	40.00
Chakra Awareness	Aug 29 & 30	Sat & Sun	9 am - 6 pm	16	300.00

SEPTEMBER

Cardiopulmonary Resuscitation (CPR)	Sep 8	Tuesday	6 pm - 10 pm	4	45.00
Injury Management-Rotator Cuff/Shoulder	Sep 8	Tuesday	6:30 pm - 10 pm	3.5	60.00
Second Friday Wellness Series	Sep 11	Friday	7 pm - 10 pm	3	free
Deep Tissue Massage	Sep 11 – 13	Fri - Sun	9 am - 6 pm	24	440.00
Hawaiian Lomi Lomi Certification Program	Sep 11-13, Oct 9-11, Nov 13-15, Dec 11-13	Fri - Sun	9 am - 6:30 pm	120	1,620.00
Medical Terminology/Charting	Sep 12	Saturday	9 am - 5 pm	7	115.00
Jin Shin Jyutsu for Animals	Sep 12 & 13	Sat & Sun	10 am - 6 pm	14	240.00
Myofascial Series-Plantar Fasciitis	Sep 15	Tuesday	7 pm - 10 pm	3	40.00
Neuromuscular & Trigger Point Therapy	Sep 15, 22, 29	Tuesday	6:30 pm - 10 pm	11	150.00
Seated Massage	Sep 19 & 20	Sat & Sun	10 am - 5 pm	12	250.00
Hot Stone Massage	Sep 19 – 21	Sat - Mon	9 am - 6 pm	24	450.00
Hospital Based Massage Externship	Sep 21 - Nov 20	varies	Varies	24	540.00
Ethics and Etiquette	Sep 22 & 29	Tuesday	6:30 pm - 9:30 pm	6	120.00
Emotional Freedom Technique	Sep 25 & Oct 2	Friday	7 pm - 10 pm	6	60.00
Reflexology - Foot, Hand, & Ear	Sep 26 & 27, Oct 3 & 4	Sat & Sun	9 am - 5:30 pm	28	425.00
Anatomy for Bodyworkers	Sep 26 & 27, Oct 3 & 4, 17 & 18	Sat & Sun	9 am - 6 pm	50	750.00

HEALING ARTS INSTITUTE, 7525 AUBURN BLVD. #9, CITRUS HEIGHTS, CA 95610

For current information, call (916) 725-3999 or visit www.healingartsinstitute.com

FALL 2009 CLASSES AT HEALING ARTS INSTITUTE

Class	Dates	Days	Times	Hours	Cost
MASSAGE THERAPY CERTIFICATION TRAINING					
Evening Class – 12 weeks	Sep 21 – Dec 10	M, W, Th	6:30 pm - 10 pm	126	1,450.00
Morning Class - 6 weeks	Sep 14 – Oct 23	Mon - Fri	9 am - 1 pm	126	1,450.00
Intensive Class - 3 weeks	Nov 2 – 20	Mon - Fri	9 am - 6 pm	126	1,450.00

CONTINUING EDUCATION CLASSES

OCTOBER

European Massage	Oct 2 – 4	Fri - Sun	Fri 7 pm - 10 pm, Sat & Sun 9 am - 5 pm	17	345.00
Equine Massage Therapy	Oct 5 – 9	Mon - Fri	8:30 am - 5:30 pm	40	970.00
Rapid Pain Elimination	Oct 5, 12, 26, Nov 9	Mondays	9 am - 6 pm	32	625.00
Introduction to Breathwork	Oct 6	Tuesday	6:30 pm - 10 pm	3.5	50.00
Myofascial Series-Releasing Sacrum	Oct 6	Tuesday	7 pm - 10 pm	3	40.00
Second Friday Wellness Series	Oct 9	Friday	7 pm - 10 pm	3	free
Geriatric Massage, Advanced	Oct 9 – 11	Fri - Sun	Fri 6:30 - 9:30 pm, Sat & Sun 9 am - 5 pm	17	280.00
Acupressure for Animals I	Oct 10 & 11	Sat & Sun	10 am - 5 pm	12	240.00
Injury Management-Hamstrings	Oct 13	Tuesday	6:30 pm - 10 pm	3.5	60.00
Gemstone Healing	Oct 13, 16, 20, 23	Tue & Fri	6:30 pm - 10 pm	14	200.00
Pharmacology - Basic	Oct 16	Friday	6 pm - 9:30 pm	3.5	50.00
Spa Services	Oct 17 – 20	Sat - Tue	9 am - 5 pm	28	500.00
Reiki - Level Two	Oct 18	Sunday	9 am - 5 pm	7	100.00
Music, Sound, & Vibration in Healing	Oct 20, 27, Nov 3, 10	Tuesday	6:30 pm - 10 pm	14	200.00
Yoga for Better Body Mechanics	Oct 23	Friday	6:30 pm - 10 pm	3.5	50.00
Thai Massage for the Table	Oct 24 & 25	Sat & Sun	9 am - 6 pm	16	300.00
Acupressure for Animals II	Oct 24 & 25	Sat & Sun	10 am - 5 pm	12	240.00
Touch for Health Level I	Oct 26 & 27	Mon & Tue	Mon 8 am – 7 pm, Tue 8 am – 1 pm	15	310.00
Touch for Health Level II	Oct 27 & 28	Tue & Wed	Tue 2 pm – 7 pm, Wed 8 am – 7 pm	15	275.00
Touch for Health Level I & II - Intensive	Oct 26 & 28	Mon - Wed	8 am – 7 pm	30	535.00
Cardiopulmonary Resuscitation (CPR)	Oct 27	Tuesday	6 pm - 10 pm	4	45.00
Animal Communication	Oct 30	Friday	6 pm - 10 pm	4	60.00
Jin Shin Jyutsu Self Help I	Oct 31 & Nov 1	Sat & Sun	10 am - 5 pm	12	225.00
Sacred Belly	Oct 31 - Nov 2	Sat - Mon	9 am - 6 pm	24	535.00

NOVEMBER

Myofascial Series-Relaxing the Neck	Nov 3	Tuesday	7 pm - 10 pm	3	40.00
Event Massage	Nov 6	Friday	6:30 pm - 10 pm	3.5	45.00
Therapeutic Touch, Intermediate	Nov 6 – 8	Fri - Sun	Fri 6:30-9:30 pm, Sat & Sun 9 am-4:30 pm	16	220.00
Tui Na for Animals	Nov 7 & 8	Sat & Sun	10 am - 5 pm	12	225.00
Myofascial Bodywork	Nov 7, 8, 14, 15	Sat & Sun	9 am - 5 pm	28	440.00
Finesse	Nov 10	Tuesday	6:30 pm - 9:30 pm	3	55.00
Second Friday Wellness Series	Nov 13	Friday	7 pm - 10 pm	3	free
Self Care for the Health Care Practitioner	Nov 13 & 20	Friday	6:30 pm - 10 pm	7	100.00
Cardiopulmonary Resuscitation (CPR)	Nov 17	Tuesday	6 pm - 10 pm	4	45.00
Raindrop Therapy	Nov 17	Tuesday	6 pm - 10 pm	4	95.00
Introduction to Color Therapy	Nov 20	Friday	6:30 pm - 10 pm	3.5	55.00
Sports Massage	Nov 21 & 22	Sat & Sun	9 am - 5 pm	14	315.00
Craniosacral Therapy for Animals	Nov 21 & 22	Sat & Sun	10 am - 6 pm	14	255.00
Hot Stone Massage	Nov 21 – 23	Sat - Mon	9 am - 6 pm	24	450.00
Myofascial Series-Working with Ribs	Nov 24	Tuesday	7 pm - 10 pm	3	40.00
Jin Shin Jyutsu Self Help II	Nov 30 & Dec 1	Mon & Tue	10 am - 5 pm	12	225.00
Deep Tissue Massage	Nov 30 - Dec 3	Mon - Thu	10 am - 5 pm	24	440.00

DECEMBER

Aromatherapy III	Dec 1	Tuesday	6:30 pm - 10 pm	3.5	120.00
Introduction to Flower Essences	Dec 4	Friday	7 pm - 10 pm	3	50.00
Myofascial Bodywork, Advanced	Dec 5	Saturday	9 am - 5 pm	7	125.00
Fibromyalgia	Dec 5	Saturday	9 am - 6 pm	8	125.00
Introduction to Lymphatic Drainage Massage	Dec 5 & 6	Sat & Sun	9 am - 5 pm	14	275.00
Reiki for Animals	Dec 5 & 6	Sat & Sun	10 am - 5 pm	12	225.00
Anatomy for Bodyworkers	Dec 6 – 11	Sun - Fri	9 am - 6 pm	50	750.00
Cardiopulmonary Resuscitation (CPR)	Dec 8	Tuesday	6 pm - 10 pm	4	45.00
Injury Management-Lower Leg	Dec 8	Tuesday	6:30 pm - 10 pm	3.5	60.00
Second Friday Wellness Series	Dec 11	Friday	7 pm - 10 pm	3	free
Soft Tissue Release	Dec 11 – 13	Fri - Sun	Fri 6:30-9:30 pm, Sat & Sun 8:30 am-6 pm	20	395.00
Myofascial Series-Working with Arms	Dec 15	Tuesday	7 pm - 10 pm	3	40.00

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